

ASSEMBLY

Congratulations on purchasing the Pure Design Fitness VR1!
Please see the following pages for instructions on assembling your VR1.

BITS BAG CONTENTS:

A. Rail Cross Bolt



B. Rail Cross Nut



C. Rail Bolt (x2)



D. Rear Leg Bolt (x2)



E. 5mm Allen Key (x2)



F. Black Washer (x2)



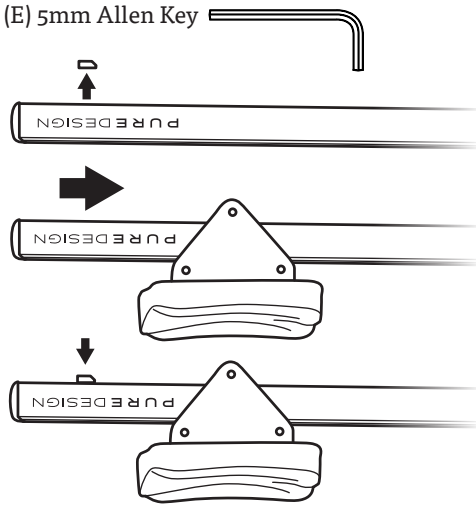
G. Syphon Pump



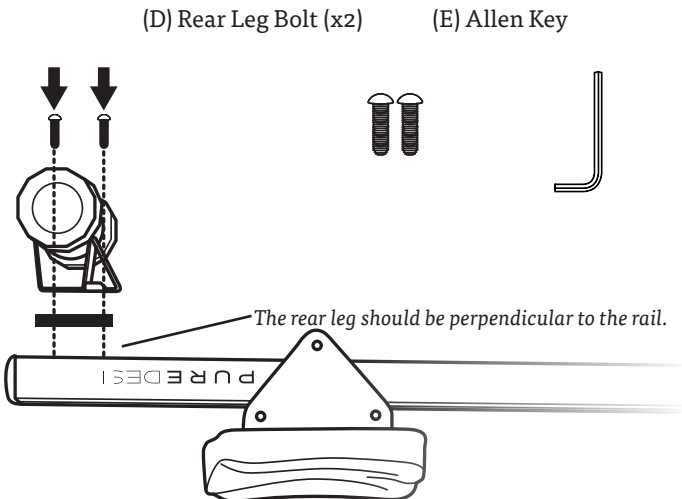
H. Purification Tablets



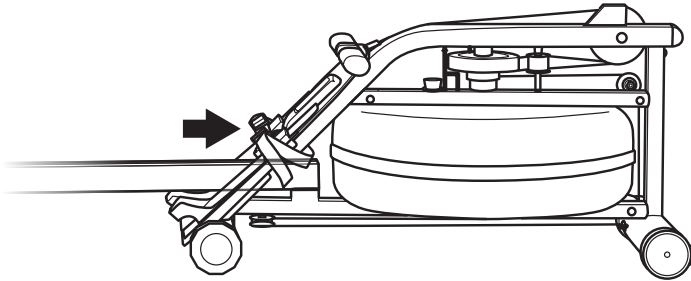
1. Open box, remove the bits bag, seat, and rear leg from the cardboard insert. Remove the cardboard insert.
2. Carefully pull the tank out of box.
3. Using the Allen key, remove the stops from each side of the rail and slide the seat onto the rail (front/wider end) first. With the Allen key, replace the stops back onto each side of the rail.





4. Attach the rear leg to the underside of the rail using the Rear Leg Bolts (D). Firmly tighten the bolts with the 5mm Allen key.

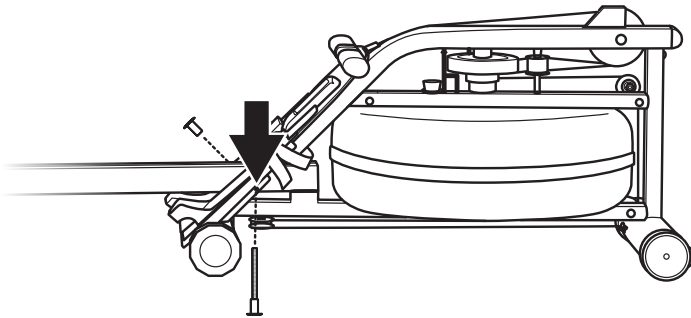


5. Slide the rail into the gap in the footboard between the heel rests. The seat should be upwards. The rail end should slide in until the holes on the side of the rail line up with the holes behind the footboard. (You may need to lift tank to slide rail through.)



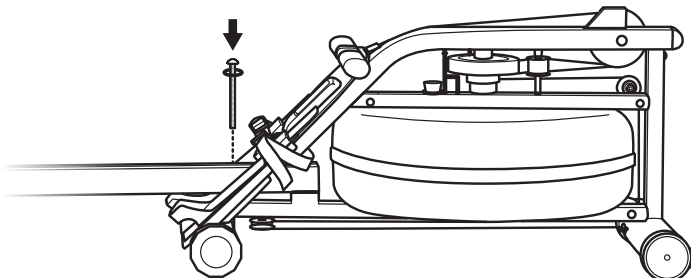
6. Install the rail cross bolt (A) through the back of the footboard and rail and into the rail cross nut (B) (inserted into the opposite side). Do not tighten all the way.

(A) Rail Cross Bolt  (B) Rail Cross Nut  (E) Allen Keys 



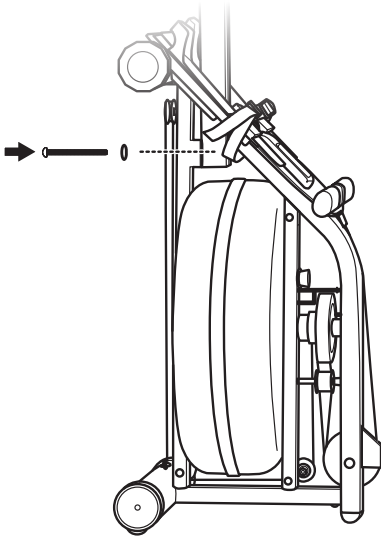
7. Install the rail bolt (C) and black washer (F) through the top surface of the rail and into the footboard. Do not tighten all the way.

(C) Rail Bolt  (F) Black Washer  (E) Allen Key 



8. Stand the unit up. Use the Allen key (E) to install the rail bolt and washer through the hole in the bottom of the tank sub frame, and into the rail underside. Use the Allen key (E) to firmly tighten the bolt.

(D) Rail Bolt  (E) Allen Key  (F) Black Washer 



9. Using the Allen key (E), tighten the bolts from steps 6 and 7.
10. Remove the tank stopper. Using the siphon pump (G), fill the tank with municipal tap or distilled water to the appropriate level indicated on the gauge sticker on the side of the tank. Add 1 purification tablet (H) to the tank. Be sure not to overfill the tank. Add a new purification tablet approximately every 6 months. Purification tablets are available for order on puredesignfitness.com. Refer to **Maintenance - Water and Tank** section for direction on frequency of adding purification tablets.

